

# CFNA PROGRAMS LISTING



all programs, unless otherwise stated, are located at **the Peace Center (4019 S. Grand)**

## Friend a Family | [aoesch@cfna-stl.org](mailto:aoesch@cfna-stl.org) (Amelia)

Group Community Partnership | **dates & times TBD**  
Teaching life skills, building relationship, etc.

## Adult ESL Classes | [kteuscher@cfna-stl.org](mailto:kteuscher@cfna-stl.org) (Kelly)

**Tuesdays** 5:30-7:00pm, **Fridays** 10:00 -12:00 pm;  
**Saturdays** 9:00-11:00am | Includes driver's ESL & practice

## Driving ESL & Practice | [dmcbride@cfna-stl.org](mailto:dmcbride@cfna-stl.org) (Debbie)

**Saturdays** 9:00-11:00am | Includes driver's ESL & practice; contact Debbie for questions about driving practice & registration

## After School Tutoring | [sstanley@cfna-stl.org](mailto:sstanley@cfna-stl.org) (Stanish)

**Tuesday** and **Thursday**, 5:00-7:00pm | children 5-high school

## Women's Sewing | [buckmancal@aol.com](mailto:buckmancal@aol.com) (Carol)

**Wednesdays** 1:00-3:20pm | contact at least a week prior

## Heart to Heart Sisters | [buckmancal@aol.com](mailto:buckmancal@aol.com) (Carol)

**Saturdays** (usually once a month) 11:00am-1:00pm

## Health & Wellness | [pbernau@cfna-stl.org](mailto:pbernau@cfna-stl.org) (Paige)

**Dates TBD** | contact for questions about health resources & HPES (Health Protection & Education Services)

## Employment Support | [akuebler@cfna-stl.org](mailto:akuebler@cfna-stl.org) (Al)

**Dates TBD** | contact for questions about employment resources and opportunities

## Adopt a Student Scholarship | [judithwmeyer@gmail.com](mailto:judithwmeyer@gmail.com) (Judith)

**Unavailable dates** | Scholarship assistance for children to attend Lutheran school in the St. Louis area.

## Seasonal Activities | **various**

**Dates TBD**, but most seasonal programs & activities happen periodically throughout the year! Join the Facebook page or sign up for CFNA's E-News to stay up to date!



CONTACT PROGRAM LEADERS TO REGISTER