

# Health and Wellness

## FREE

Health Education and Screening  
Vision, Dental, Blood Pressure, Diabetes, Nutrition



Who: Refugees/Immigrants  
Where: Peace Center for New Americans  
Address: 4019 S. Grand Blvd., St. Louis, MO 63118  
**When: Saturdays: Jan. 7, Feb. 4, Mar. 4, Apr. 1, May 6, June 3, July 22, Sept. 9, Oct. 7, Nov. 4, 2017**  
Time: 9:30 a.m. – 12:00 p.m.

**Diabetes screening included**

**In the morning, don't eat or drink anything other than water**

Bring your medications, eye glasses, & insurance cards  
We help with making and getting to appointments



English: (314) 249-9219

Nepali: (314)708-9554

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