

Health and Wellness

FREE

Health Education and Screening
Vision, Dental, Blood Pressure, Diabetes, Nutrition



Who: Refugees/Immigrants
Where: Peace Center for New Americans
Address: 4019 S. Grand Blvd., St. Louis, MO 63118
**When: Jan. 7, Feb. 4, Mar. 4, Apr. 1, April 29, June 3,
July 22, Sept. 9, Oct. 7, Nov. 11, 2017**
Time: 9:30 a.m. – 12:00 p.m.

Diabetes screening included

In the morning, don't eat or drink anything other than water

**Bring your medications, eye glasses, & insurance cards
We help with making and getting to appointments**

Interested volunteers: Contact Laura at lbrink@cfna-stl.org, at least 3
days in advance to see if needed
Volunteers arrive at 9:00 a.m.

English: (314) 249-9219 Nepali: (314) 708-9554
Sponsored by Christian Friends of New Americans
www.cfna-stl.org